

Connecting to CAPS Services for Existing Group Clients

If you are being referred to Telemental Health Services for Group Therapy, please follow the next few steps several days before group session:

Pre-session:

- Visit UCF CAPS website: <https://caps.sdes.ucf.edu/>
- Click on “Forms” tab (green, right hand side)
- Click on “Telemental Health Services Informed Consent” document
- Download and open in Adobe Reader to fill out all highlighted areas. Save.
- Click on link at bottom of “Forms” page. Attach document and submit.
 - Please note: Utilizing this Qualtrics survey to provide completed forms to CAPS is not a secure form of transmitting confidential information.
- Receive email from TAO Connect (Therapy Assistance Online) and finish setting up your account.
- Check out the different features of TAO. Plus, download Zoom (<https://zoom.us/>) to enable the audio– or videoconference features prior to your first session.

Before the Group Therapy Session:

- You will receive a text message with the link to the TAO Group Therapy website.
- Enter the link into your web browser or Click on link. Please ensure that you are in a private location.
- Click “Go.” You and your therapist will be connected through videoconference.