Question, Persuade, Refer (QPR) for Suicide Prevention - 2.5 Hour <u>Virtual</u> Training

QPR Ask A Question, Save A Life

Who should attend?

Mental health professionals, non-mental health professionals, community members, or **anyone** with an interest in suicide prevention.

Upcoming Training Dates

Wednesday, August 23, 2023	9:00 am - 11:30 am
Monday, August 28, 2023	9:30 am - 12:00 pm
Friday, September 15, 2023	9:00 am - 11:30 am
Tuesday, September 26, 2023	1:00 pm - 3:30 pm
Wednesday, October 4, 2023	9:30 am - 12:00 pm
Wednesday, October 18, 2023	9:00 am - 11:30 am
Friday, November 3, 2023	1:00 pm - 3:30 pm
Tuesday, November 14, 2023	1:00 pm - 3:30 pm
Wednesday, December 6, 2023	9:00 am - 11:30 am
Monday, December 11, 2023	1:00 pm - 3:30 pm

https://centralfloridacares.org/question-persuade-refer-qpr-for-suicide-prevention1/

What you will learn:

QPR stands for Question. Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Maneuver Heimlich that help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, neighbor, or client.



Presented by:

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